## COOPERATION TOWN

## Cost of living too high? Join a food co-op!

## Cooperation Town is a network of community food co-ops.

A food co-op is a neighbourhood buying group, where members get quality groceries at extremely good value.

Co-ops buy food and household products in bulk and, in addition, get free supermarket surplus.

Co-op members can save up to 40% on their weekly food costs by organising with friends and neighbours.

Food co-ops are managed by members, who together decide what to buy and how to run the project. No bosses, no managers!

Start a community food co-op today!

Meet the organisers and find out more on